One page together: baby book-sharing prompts

Print this sheet, or talk through the prompts together. Use only the parts that help. Keep completed copies private.

Use these prompts during supervised awake time. Choose one page and one idea. Stop when your baby needs a change. Keep books out of the sleep space.

Six ways to share a page

Look: notice what your baby is looking towards. “You found the yellow duck.”

Name: say one thing you can see. “A cup. We have a cup too.”

Sound: add a sound that fits a picture. “Splash, splash.”

Pause: leave a little space for a look, movement or sound.

Connect: link the picture to your day. “We saw a bus outside.”

Repeat: return to the picture or phrase your baby enjoys.

Use your own words and home language. These are options for sharing attention, not tasks your baby has to complete.

Continue: One page together: baby book-sharing prompts

Our page today

Book or picture we chose: _____

What seemed to interest my baby: _____

A word, sound or little song we used: _____

A sign it was time to stop or change activity: _____

Make the next moment easy

Where we will keep a suitable book for awake time: _____

A part of our day when we might pick it up: _____

Something we would like to borrow or look for: _____

Example: “We will keep the animal board book by the chair and look at a page when we are both comfortable.”

You do not need to record every session. The notes are simply a reminder of something you enjoyed together. Looking at the same page again is welcome.

Browse all free resources.

For ideas to use alongside this resource, read Sharing books with your baby, one page at a time.